

**REQUIREMENTS FOR THE MINOR**  
**COLLEGE OF ARTS & SCIENCES**  
 THE UNIVERSITY OF OKLAHOMA

GENERAL REQUIREMENTS	
Minimum Total Hours . . . . .	18
Upper Division Hours . . . . .	12

Minor in: <u>Health &amp; Exercise</u> <u>Science</u> <b>N500</b>
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**The requirements for a minor must be completed concurrently with the major degree requirements.  
 No minor may be added by completing courses after receiving the bachelor's degree.**

REQUIRED COURSES									
<p><i>A grade of C or better must be earned in each course counted for minor credit.</i></p> <p><b>HES 1823</b>, Scientific Principles of Health and Disease</p> <p><b>HES 2913</b>, Personal Health</p> <p>Twelve (12) hours of courses acceptable for major credit in HES*:</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center; border-bottom: 1px solid black;">HES</td> <td style="text-align: center;">3</td> </tr> <tr> <td style="text-align: center; border-bottom: 1px solid black;">HES</td> <td style="text-align: center;">3</td> </tr> <tr> <td style="text-align: center; border-bottom: 1px solid black;">HES</td> <td style="text-align: center;">3</td> </tr> <tr> <td style="text-align: center; border-bottom: 1px solid black;">HES</td> <td style="text-align: center;">3</td> </tr> </table> <p>*HES 3893, Facts and Fallacies of Exercise and Nutrition, may be used for HES minor credit.                      Students obtaining a minor in HES are <i>not</i> eligible for Internship or Independent Study hours.</p>	HES	3	HES	3	HES	3	HES	3	<p>At least six (6) credit hours must be earned in courses acceptable for residence credit by standards set forth by the College of Arts and Sciences, excluding transfer, correspondence, and examination (AP, CLEP, Advanced Standing) credit. Courses for the minor may not be taken Pass/No Pass.</p> <p>Students must successfully complete, with the grade of C or better, at least 18 hours of courses acceptable for major credit in Health and Exercise Science, including at least 12 hours at the upper-division level. In addition to HES 1823 and HES 2913, students must complete twelve (12) additional upper division hours, which can consist of four 3-hour upper-division electives, or any combination of appropriate upper-division electives that will total twelve (12) hours.</p> <p><b><i>No single course may be used by a student to satisfy a major requirement and a minor requirement.</i></b> A course may be used, however, to satisfy both a major support requirement and a minor requirement.</p> <p>Requests to substitute a minor requirement must be approved in writing by the Department of Health &amp; Exercise Science.</p>
HES	3								
HES	3								
HES	3								
HES	3								

Minors in the College of Arts & Sciences are available to all undergraduate students at OU. If the minor is officially declared, successfully completed, and noted on the graduation application, the student's transcript will so indicate at the time the bachelor's degree is posted.

Approved May 2012